

**ABSTRACT**

The invention relates to a lighting unit, in particular a lighting fixture for ceilings and/or walls comprising a coupled housing frame (2) and a functional frame (3) which is pivotally mounted with respect to the housing frame. A closing device is provided between the housing and functional frames and consists of a specially shaped wire spring (4) which interacts with the rest reception area (10) of the functional frame (3) and comprises a spring leg (8) interacting with the functional frame (3) in a predefined pivoting area under a preload effect.